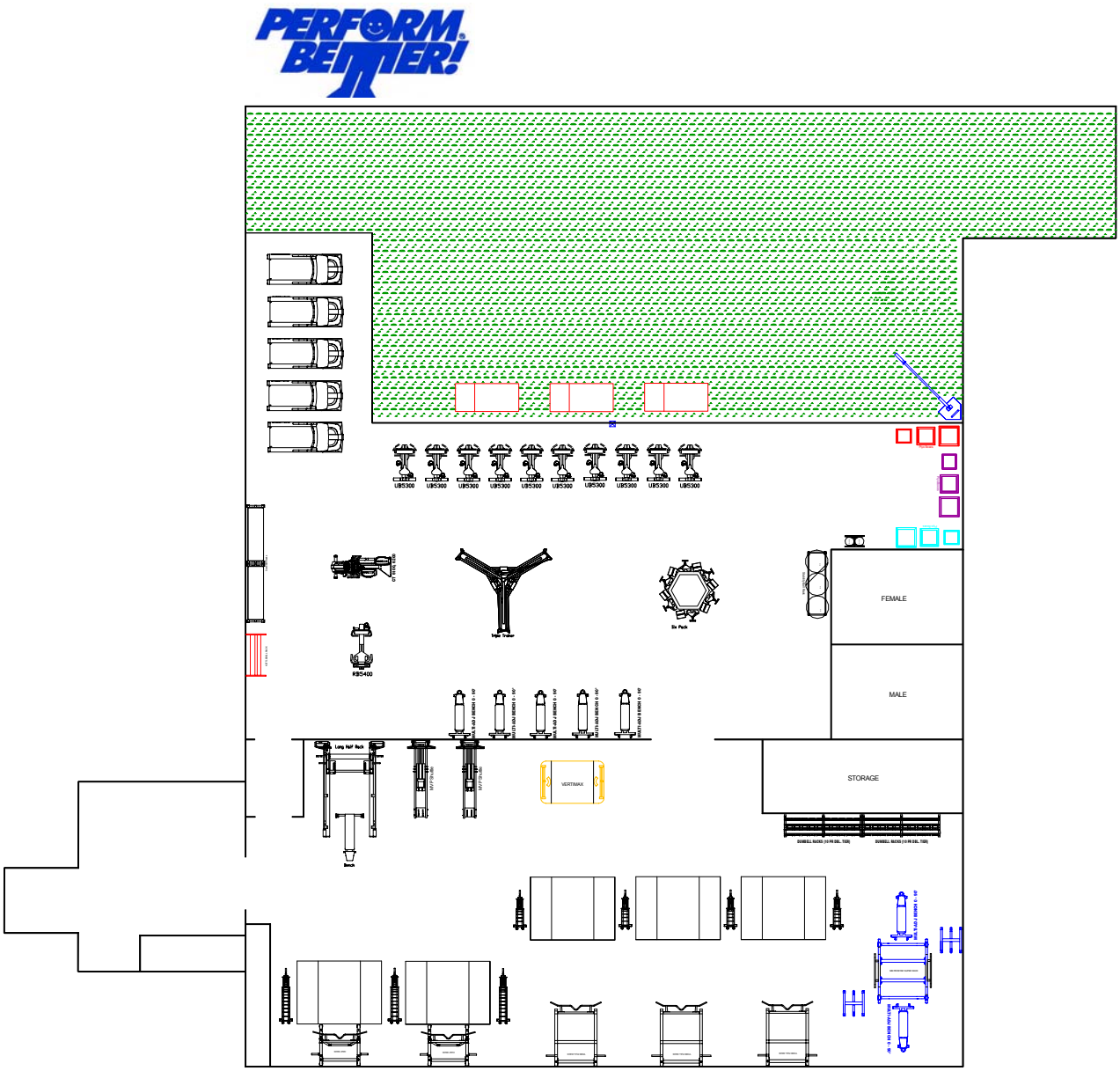

Boyle Strength and Conditioning