



## Step-Through Seating

What is step through seating?	The ability to step up to and sit down at a piece of exercise equipment without having to lift your leg up and over a center console.
Why is it beneficial?	Step through seating is most beneficial to those who have problems with flexibility or those with lower body injuries. With the benefit of step through seating these people can still exercise and have access to equipment even though they might have some limitations.
Where is it available?	Step through seating is standard on the SCIFIT PRO1 Upper Body, PROII All Body, Forward only with step through seating Recumbent Bike and Bi-directional step through seating Recumbent Bike.
Who should be using it?	Users of all levels can enjoy the convenience and accessibility. All physical therapy clinics and rehab centers. All fitness facilities should provide step through seating in order to serve a broad range of clients. Elderly people or people with disabilities. Anyone who has trouble lifting their leg up and over a center console.